

Infant's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Today's Date \_\_\_\_\_

\_\_\_\_ Male \_\_\_\_ Female Birth Weight \_\_\_\_\_ Present Weight \_\_\_\_\_ Birth Location \_\_\_\_\_

\_\_\_\_ Vaginal birth \_\_\_\_ C-Section Birth Any birth complications? \_\_\_\_\_

Are you breastfeeding or pumping? \_\_\_\_ Yes \_\_\_\_ No If no, how long since you stopped breastfeeding? \_\_\_\_\_

1. Infants are usually given vitamin K at birth. Did your child receive the vitamin K shot? \_\_\_\_ Yes \_\_\_\_ No

2. Was your infant premature? \_\_\_\_ Yes \_\_\_\_ No If Yes, how many weeks? \_\_\_\_\_

3. Does your infant have any heart disease \_\_\_\_ Yes \_\_\_\_ No or known bleeding diseases? \_\_\_\_ Yes \_\_\_\_ No

4. Any other medical conditions? \_\_\_\_\_

4. Has your infant had any surgery? \_\_\_\_ Yes \_\_\_\_ No What type? \_\_\_\_\_

**5. Has your infant experienced any of the following? Please check / circle / elaborate as needed.**

- |   |  |
|---|--|
| <input type="checkbox"/> Shallow latch at breast or bottle            | <input type="checkbox"/> Lip curls under when nursing or taking bottle |
| <input type="checkbox"/> Falls asleep in the middle of a feed         | <input type="checkbox"/> Clicking or smacking noises when eating       |
| <input type="checkbox"/> Slides or pops on and off the nipple         | <input type="checkbox"/> Sucking blisters or callouses on lips         |
| <input type="checkbox"/> Gagging, choking, or coughing when eating    | <input type="checkbox"/> Colic symptoms / Baby cries a lot             |
| <input type="checkbox"/> Poor or slow weight gain                     | <input type="checkbox"/> Reflux symptoms                               |
| <input type="checkbox"/> Hiccups often                                | <input type="checkbox"/> Spits up often? Amount / Frequency _____      |
| <input type="checkbox"/> Lots of <i>in utero</i> hiccups              | <input type="checkbox"/> Gassy (toots a lot) / Fussy often             |
| <input type="checkbox"/> Gumming or chewing the nipple                | <input type="checkbox"/> Milk leaks out of mouth when nursing/bottle   |
| <input type="checkbox"/> Pacifier falls out easily or won't stay in   | <input type="checkbox"/> Nose sounds congested often                   |
| <input type="checkbox"/> Snoring, noisy breathing, or mouth breathing | <input type="checkbox"/> Baby is frustrated at the breast or bottle    |
| <input type="checkbox"/> Short sleeping and waking often              | <input type="checkbox"/> Constipation or irregular stools              |
| <input type="checkbox"/> Baby moves a lot in sleep/restless sleep     | How long does baby take to eat? _____                                  |
| <input type="checkbox"/> Baby seems always hungry and not full        | How often does baby eat? _____   |
|   | Anything else? _____   |

6. Is your infant taking any medications? \_\_\_\_ Reflux \_\_\_\_ Thrush Name of medication: \_\_\_\_\_

7. Any prior surgery to correct the tongue- or lip-tie? (when/where) \_\_\_\_\_

8. How are you doing mentally/emotionally? \_\_\_\_\_

**9. Do you have any of the following signs or symptoms now or in the past? Please check/circle/elaborate.**

- |  |  |
|--|--|
| <input type="checkbox"/> Creased, flattened, or blanched nipples                             | <input type="checkbox"/> Poor or incomplete breast drainage          |
| <input type="checkbox"/> Lipstick shaped nipples   | <input type="checkbox"/> Decreasing milk supply                      |
| <input type="checkbox"/> Blistered or cut nipples  | <input type="checkbox"/> Plugged ducts / engorgement / mastitis      |
| <input type="checkbox"/> Pain on a scale of 0-10 when first latching                         | <input type="checkbox"/> Nipple thrush                               |
| <input type="checkbox"/> Pain (0-10) during nursing ____ Feelings of hopelessness/depression | <input type="checkbox"/> Using a nipple shield                       |
|  | <input type="checkbox"/> Baby prefers one side over other ____ (R/L) |

Primary Care Provider \_\_\_\_\_ Chiropractor/PT/CST \_\_\_\_\_

Lactation Consultant \_\_\_\_\_ Other Therapist/Provider \_\_\_\_\_

Who referred you to us? \_\_\_\_\_ How far away do you live? \_\_\_\_\_

Doctor's Signature \_\_\_\_\_

